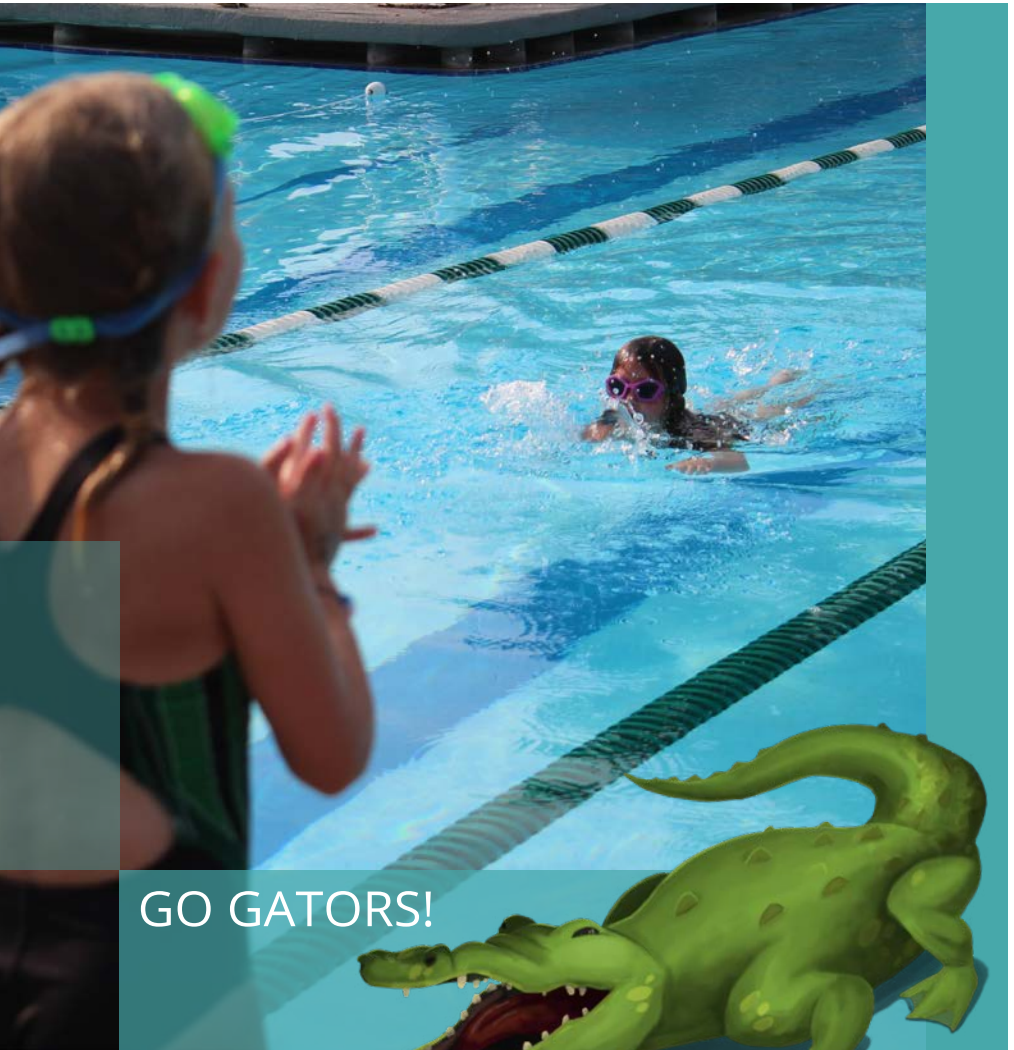




JUNIOR SWIM PROGRAM



GO GATORS!



2023

FROM YOUR AQUATICS TEAM

DEAR INVERNESS GOLF CLUB MEMBERS,

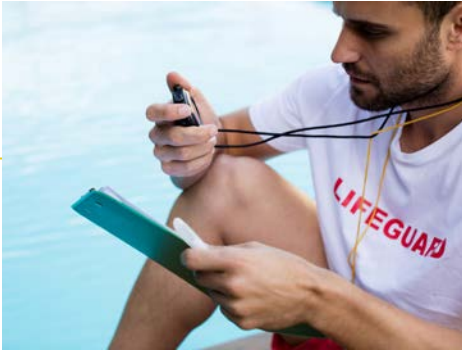
Hello IGC family! My name is Diego Garcia, and I am returning as the Aquatics Director at IGC this summer. I am so excited to continue to get everyone involved in our inviting events. I have over 8 years of experience being involved in the pool industry along with teaching swimming lessons for all age groups. It is my goal to provide you and your families a safe, fun pool environment alongside educational swimming lessons. Currently I am studying Accountancy at Northern Illinois University in hopes of achieving my CPA. While I am a numbers guy, I enjoy being able to impact others' lives positively and make long lasting relationships. I believe George Eliot says it best, "What do we live for, if not to make life less difficult for each other." Please feel free to ask me any questions regarding swimming, private lessons, or swim team.



Keep on swimming!
Diego Garcia

Hello IGC family! My name is Natalia Jasinska, and I will be the Aquatics Coach at IGC this summer. I am so excited to spend my third summer at IGC. I started swimming 10 years ago and have been involved in coaching water polo, swimming, and diving for 4 years. My goal for this summer is to create a competitive environment where our swimmers can improve their skills while having fun! Currently, I am studying Accounting at the University of Iowa. I look forward to training our young athletes and representing IGC proudly at our upcoming meets! Please feel free to ask me any questions regarding swimming or swim team.

Just keep swimming!
Natalia Jasinska



2023 AQUATICS STAFF

DIRECTOR OF AQUATICS

Diego Garcia

aquaticsdirector@igc-il.org

AQUATICS COACH

Natalia Jasinska

aquaticskoach@igc-il.org

2023 POOL/RACQUETS COMMITTEE

Tom Valverde, *Chairman*

Caira Barbanente

Craig Bolanos

Kelly Carroll

Kelly Douglass

Chris Janis

Christy Knox

Keith Knox

Lauren Marino

David Morkes

Cindy Payne

Nancy Plummer

Kelly Valverde

CLUBHOUSE
847-358-2340



INVERNESS GOLF CLUB 2023 SWIM MEET SCHEDULE

The 2023 Gators will be competing in the **North Suburban Swim Conference** and competing against Barrington Hills, Wynstone (two teams North and South), Biltmore and Boulder Ridge.

(Age 5+, must be potty-trained)

Wednesday Nights

Warm-ups @ 5:30 pm
Meets start @ 6:00 pm

June 14 @ Boulder Ridge
June 21 vs. Barrington Hills
June 28 vs. Wynstone North
July 5 **HOLIDAY WEEK** (Bye Week)
July 12 vs. Biltmore
July 19 @ Wynstone South

Saturday, July 22

Warm-ups @ 8:30am
Meet starts @ 9:30am

Championship Swim Meet
@ Wynstone

SCHEDULE & FEES

IGC SWIM TEAM FEES

\$200 – One Child

\$380 – Two Children

\$560 – Three Children

\$620 – Four Children

TUESDAYS

Practice: 6:00-7:00 pm

THURSDAYS

Practice: 6:00-7:00 pm

FRIDAY

Practice: 10:00-11:00 am

Practices start Tuesday, June 6th. The last practice will be July 20th

****Deadline to notify the head swim coach if your child cannot attend a meet is the day before a meet (Tuesday) by noon****

Grandchildren of Senior Members & Regular Members are invited to join Swim Team, Tennis Team and the Jr. Golf League.

IGC SWIM LESSONS 30 MINUTES PER LESSON

PRIVATE: \$35 PER PERSON

SEMI PRIVATE (2-3 KIDS): \$25 PER PERSON

PACKAGE (5 SESSIONS, COST PER PERSON): INDIVIDUAL \$150/GROUP \$110

Swim lessons are scheduled at the discretion of aquatics instructor.

Lessons will not be scheduled during peak times.

E-mail aquaticsdirector@igc-il.org to schedule your lessons.



2023 HOURS

We are opening with our regularly scheduled hours
the Friday of Memorial Day Weekend,
May 26th at 3 pm!

POOL REGULAR HOURS

Beginning Friday, June 2nd through Labor Day:

Lap Swim: 10 am-11 am Tuesday - Sunday

Open Swim: 11 am to 7 pm Tuesday - Sunday

Food & Beverage Service: 11 am to 7 pm

CLUB & POOL CLOSED

Tuesday, May 30th

Tuesday, September 5th (Closed for Season)

POOL LIMITED HOURS

The pool will close at Wednesdays at 3pm when we host the

Conference Swim Meet: Wednesday, June 21st Pool Closes at 3 pm

Wednesday, June 28th Pool Closes at 3 pm

Wednesday, July 12th Pool Closes at 3 pm

Tuesday, August 22nd - Friday, August 25th Pool Open 3 to 7 pm

Tuesday, August 29th - Friday, September 1st Pool Open 3 to 7 pm

** Pool will be CLOSED any day following a Holiday*

** Pool is closed on Mondays*

POOL ADMISSION & USAGE

A member is defined as any Club Member of a class approved for pool use. In addition, that member's spouse or significant other, while living with the member in the member's home. In addition, any of the member's children who are unmarried and under the age of 26 years of age and living with the member, in the member's home, shall be eligible for full use of the pool facilities.

Please access the pool by entering through Centre Court. Members and eligible family members must sign the pool register upon each admission to the pool. Guests of the members or eligible family members must be introduced, registered and stay with the accompanying member while at the pool. The conduct and charges of the guest are the responsibility of the member. No guest, whether sponsored by multiple members, may use the pool more than six times per season.

All guests must pay the current guest fee approved by the Board. Exceptions include a full-time adult babysitter or nanny designated by the member to supervise their children and the grandchildren of a member when accompanied by the member or eligible spouse. Anyone under the age of 12 must be accompanied by an adult at all times or they will be asked to leave the pool area.

HEALTH & SAFETY REGULATIONS

Federal, State and Local laws will be observed in the operation of our swimming pool. Swimming is permitted only when the Lifeguard is on duty. All who enter the pool do so at their own risk. The Club is not responsible for accidents, injury, or loss of any kind. No running on the Deck. Personal conduct in the pool and locker rooms must be such that the safety of self and others is not jeopardized. During swimming hours, the Aquatics Director & Lifeguards will have responsibility for enforcing the health and safety regulations. At all times, when the pool is open, swimming will be under constant surveillance and supervision. A person under the influence of alcohol or exhibiting erratic behavior shall not be permitted in the pool area. The Aquatics Director or Lifeguards have the authority to enforce all pool regulations and swimming rules and to properly deal with violators as prescribed by the Board of Directors.

Swimming Pool Rules and Regulations may be changed from time to time as experience indicates. Suggestions regarding pool operations, changes, etc. shall be made in writing to the Pool Committee.

Infringement of health and safety regulations is cause for suspension of pool privileges. The Swimming Pool Committee has the right to suspend the pool privileges of any adult or child who does not comply with the Rules and Regulations or with the instruction of the Aquatics Director.

GENERAL POOL ETIQUETTE

We ask that you help keep IGC clean and tidy. Our staff works diligently to keep our property and pool area clean. Food vessels and napkins tend to blow around the pool, thus please help us by throwing away your garbage when finished. In addition, we have conveniently placed 3 towel barrels around the pool to put your used towels in. Finally, as a reminder, adults should always supervise their children at the pool and throughout the entire club. This is essential for their safety as well as other members' enjoyment of the club. Inverness recognizes its special function as a family club and therefore, asks everyone's careful attention to rules governing children.

*GUARDIAN / NANNY/SITTER

Each family may have a nanny. Guardian/Nanny/Sitter- This person must be eighteen (18) years or older. The Nanny/Sitter is completely responsible for the conduct of the children he/she is watching. The Nanny/Sitter cannot bring guests. The underage children may bring one (1) guest per child while under Nanny/Sitter supervision. **The Nanny/Sitter must register with the Aquatics Director.** There is no guest fee for the Nanny/Sitter.

GUESTS

Members may bring guests on a per day basis subject to a daily guest fee of \$10. The daily guest fee will be \$20 on Holidays and Club Events. **Members must accompany their guests at all times.** No guest, whether sponsored by multiple members, may use the pool more than six times per season. Children under the age of ten (10) may have guests but only when parent or guardian is present.



DRESS

Appropriate attire must be worn in and around the pool and Centre Court dining areas. Discretion should be used when selecting swimming and sunbathing attire (thong-style swimwear will not be permitted). When outside the pool in pool dining areas, an appropriate cover-up (non-see-through) is to be worn over swimwear.

Proper footwear is required. Golf caps/visors should be worn with bills facing forward. Swim attire is never appropriate for the Clubhouse, Patio Dining or at the Firepits. Swimwear with appropriate cover-up and footwear is required when using men's and women's locker rooms and when dining in Centre Court. No wet bathing suits allowed when dining at Centre Court.

Children under sixteen (16) are never to be left unaccompanied in the locker room areas.

CHILDREN

Children under the age of twelve (12) are not permitted at the pool without parent or Guardian* (Nanny/Sitter). Children under the age of 12 are not permitted to leave the pool areas unless accompanied by a parent or an adult (name registered with Club Office). The pool staff is not responsible for "baby sitting" or "parenting" member's children. It is the member's responsibility to supervise and care for their children.

To keep children and swimmers safe, the Aquatics Director, General Manager and Pool Committee will make the decision that young children left unattended habitually, who do not comply with the rules, or are deemed unsafe, will lose pool privileges.

Children under the age of 16 are not permitted in the Clubhouse unless accompanied by an adult. Children 16 and over are permitted in the Clubhouse, and will be afforded all the services of the Club and will be held to the same standards of behavior as any other member's guest. Any behavior problems will result in the loss of Clubhouse privileges.



POOL RULES

GENERAL:

1. Every person must sign the record book when entering the pool area and be responsible for registering any guest.
2. No beverages or food are to be served or consumed, except in those areas specifically set aside for the purpose and as specified by the Aquatics Director.
3. No glassware will be allowed in the pool area (inside the fence). (State Law)
4. No smoking or vaping will be permitted anywhere on the pool premises.
5. The Club is not responsible for articles of clothing and swimming suits left behind in the dressing rooms or pool area.
6. One towel will be issued to each person. Used towels are to be deposited in the receptacle provided.
7. Persons having skin diseases and/or infections, sore or inflamed eyes, cold, nasal or ear discharge, or any communicable diseases, fever, tuberculosis, open sores, or is wearing a bandage or adhesive tape cannot be admitted to the pool.
8. All injuries occurring on the premises must be reported immediately to the lifeguard or aquatics director.
9. No animals will be permitted in the pool area.
10. All diving rules must be followed.
11. Discretion should be used when selecting swimming and sunbathing attire (thong-style swimwear will not be permitted).



BEHAVIOR

1. Anyone whose conduct or attire is not proper will be prohibited from the use of the pool.
2. Personal conduct in the pool and bathhouse must be such that the safety of self and others are not jeopardized.
3. Rowdy behavior in or around the pool or dressing rooms will not be tolerated and will not be permitted.
4. For your safety, floating devices are not permitted.

ALCOHOL

1. No alcoholic beverages shall be consumed in the pool.
(*State Law*)
2. A person under the influence of alcohol or exhibiting erratic behavior shall not be permitted in the pool area and will be subject to suspension.

DIVING BOARD

1. No back flips or backwards diving is allowed.
2. Only one person on the diving board at a time.
3. Diver must be able to swim to the ladder on their own without any assistance.
4. Lifeguards reserve the right to restrict any dive based on safety concerns.
5. Only one swimmer allowed in the diving area at a time.
6. Diver must exit the diving area once they enter the pool.
7. No swimming or playing in the diving area while the diving boards are in use.
8. Only one bounce is allowed before diving.
9. Children may not be thrown from or caught after jumping from the diving board.
10. Children may not use floaties or vests when using the diving board.

SUSPENSION

Infraction of any of the pool rules is grounds for immediate expulsion from the pool area for the remainder of the day.

In the event any person is requested to leave due to violation of existing rules, suspension will be as follows:

First Violation	Remainder of the Day
Second Violation	Three Days
Third Violation	Until reviewed by the Board of Directors at the next regularly scheduled Board Meeting.



INVERNESS GOLF CLUB

102 North Roselle Road
Inverness, IL 60067
847-358-2340

