



SPRING/SUMMER RACQUET SPORTS  
**TENNIS & PICKLE**



**JUNIOR & ADULT LESSONS & EVENTS**

**2023**



## STAFF & COMMITTEE MEMBERS

### DIRECTOR OF RACQUETS

**Cliff Marsland** PTR, PPTR, PPR

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### 2023 RACQUETS COMMITTEE

**Tom Valverde**, *Chairman*

**Caira Barbanente**

**Craig Bolanos**

**Kelly Carroll**

**Kelly Douglass**

**Chris Janis**

**Christy Knox**

**Keith Knox**

**Lauren Marino**

**David Morkes**

**Cindy Payne**

**Nancy Plummer**

**Kelly Valverde**

# WELCOME

G'Day Inverness Members!

I am thrilled to start my role as Director of Racquets at IGC! Thank you to the racquets committee for entrusting me to lead this program at such a fantastic club. I am excited to connect with you all and create an elite member experience.

We are living in the middle of the greatest racquets boom on record, so its an exciting time to be getting around the program! With the palpable energy level surrounding the racquets community here, I feel the sky is the limit for where this program can go.



I could rattle on all day about the long list of reasons I am excited for at Inverness, but what I am most excited about is attracting new players to the trifecta of racquet sports options we have. We will be creating an intimidation free, welcoming, fun atmosphere where people can improve and experience success to encourage lifelong participation in racquets.

I am fired up and looking forward to seeing you on the courts!

Cheers!

**Cliff Marsland PTR, PPTR, PPR**  
*Director of Racquet Sports*



# RULES & POLICIES

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- ▶ *Tennis Information*
- ▶ *Pickleball Information*
- ▶ *Paddle Information*
- ▶ *General Racquets Information*

## TENNIS HOURS

Courts open 8:00 am - Close

## PICKLEBALL HOURS

Courts open 8:00 am - Close

## COURT RESERVATIONS

[www.invernessgolfclub.org/courts/courtscheduler](http://www.invernessgolfclub.org/courts/courtscheduler) ▶ Be sure to use the dropdown menu for the correct courts.

## CANCELATION POLICY

**No Show:** you will be charged for the full cost of the drill/lesson.

**Under 2 hours:** you will be charged for the full cost of the drill/lesson.

**Under 12 hours:** you will be charged half the cost of the drill/lesson.

**More than 12 hours:** no charge.

## GUEST POLICY

There will be a \$5 fee per lesson for a guest of an adult or kids group plus the group fee.

## ATTIRE

Appropriate racquets attire and footwear must always be worn on the courts. Clothing that is not appropriate: denim, cut-offs, bathing suits or similar attire. Black soled shoes are not allowed on the pickleball courts.

## RAIN, HEAT & COLD

Notice will be given if a lesson or clinic needs to be canceled due to weather.

## EQUIPMENT

Paddle, Pickleball and Tennis equipment are sold in the Pro Shop Office, located on the lower level of Centre Court. If you need any equipment other than what is sold, please contact Cliff.

**Grandchildren of Senior Members, Regular Members & Social Members** are invited to join Junior Classes and Special Events.

# RACQUETS LESSON FEES

ALL RATES ARE HOURLY



## PRIVATE

Director: \$78 (1/2 hr \$42)  
Assistant: \$70 (1/2 hr \$40)

## SEMI-PRIVATE



Director: \$45 per person  
Assistant: \$41 per person



## PRIVATE GROUPS

3-4 people, 1 hour: \$35 per person  
5+ people, 1 hour: \$30 per person



## CLINIC RATES

30 minute clinic: \$15 per person  
1 hour clinic: \$25 per person  
1.5 hour clinic: \$35 per person

## GUEST FEE



\$10 per guest  
All racquet sports



## SUMMER PRIVATE LESSON PACKAGE

5 Lessons for \$350  
Includes: Five one-hour private lessons  
*(mix & match family members)*

SAVE  
\$40





# JUNIOR TENNIS PROGRAM

## 8 WEEK SESSION AND 1 MAKE-UP WEEK

8 WEEK SESSION AND ONE MAKE UP WEEK  
BEGINNING THE WEEK OF MAY 30TH  
ENDING THE WEEK OF JULY 18TH  
MAKE UP WEEK STARTING JULY 25TH

The Junior Program has classes for all ages and ability levels. Whether your child is just starting out or has been playing for years, we have a class that will focus on their specific needs. We are allowing you to start your child at a very early age with a Tennis Tots class that will cater to kids 3-5 years of age. Every level will have a designated class suited to their specific needs and ability.



# GOALS

The main goals of the Inverness Golf Club Junior Tennis Program are:

- 1) **Introduce novice players to sound tennis fundamentals.**
- 2) **Improve the skills and athleticism of more advanced players.**

*This comprehensive instruction program will include drills that are designed to be fun, informative and competitive.*

## TENNIS TOTS

*Beginning Players*

Age 3 - 5

Tuesdays • 11:00-11:30 am  
Wednesdays • 1:00-1:30 pm  
Fridays • 1:00-1:30 pm

**Cost: \$80 for the 8 week session**

Lessons will introduce basic skills and hand-eye coordination.

## HOT SHOTS

*Beginning players & low intermediate players*

Age 6 - 8

Tuesdays • 10:00-11:00 am  
Wednesdays • 1:30-2:30 pm  
Fridays • 1:30-2:30 pm

**Cost: \$160 for the 8 week session**

Lessons at this level will emphasize developing rally skills, basic footwork patterns and serve and return. Overhand serve basics will be introduced.

## HITTERS

*Beginning players & low intermediate players*

Age 9 - 11\*

Tuesdays • 9:00-10:00 am  
Wednesdays • 2:30-3:30 pm  
Fridays • 2:30-3:30 pm

**Cost: \$160 for the 8 week session**

Lessons at this level will emphasize improvement in rally skills. Players will be introduced to match play and net play including volleys and overheads.

## ALL-STARS

Age 12 & Up\*

Tuesdays • 12:30-2:00 pm  
Thursdays • 12:30-2:00 pm

**Cost: \$240 for the 8 week session**

Instruction at this level will emphasize improvement in technique and introduce match play strategy playing both singles and doubles.

*\*based on ability not necessarily age*

# TENNIS PROGRAM

## SUMMER SESSION

8 week session and one make up week  
 Beginning the week of May 29th  
 Ending the week of July 17th  
 Make up week starting July 24th

**MONDAYS**    **Men's Drill and Play** . . . . . **6:30-8:00 pm**

**TUESDAYS**    Hitters (age 9-11) . . . . . 9:00-10:00 am  
 Hot Shots (age 6-8) . . . . . 10:00-11:00 am  
 Tennis Tots (age 3-5) . . . . . 11:00-11:30 am  
 All-Stars (age 12+) . . . . . 12:30-2:00 pm  
**Tuesday Ladies Tennis** . . . . . **5:30-7:00 pm**

**WEDNESDAYS**    **Cardio Tennis** . . . . . **8:30-9:30 am**  
**Fox Valley Ladies Drill** . . . . . **9:30-11:00 am**  
 Tennis Tots (age 3-5) . . . . . 1:00-1:30 pm  
 Hot Shots (age 6-8) . . . . . 1:30-2:30 pm  
 Hitters (age 9-11) . . . . . 2:30-3:30 pm  
**Men's Match Play** . . . . . **6:30-8:00 pm**

**THURSDAYS**    **Fox Valley League Matches** . . . . . **10:00-12:00 pm**  
 All-Stars (age 12+) . . . . . 12:30-2:00 pm

**FRIDAYS**    **Ladies In House** . . . . . **9:00-10:30 am**  
 Tennis Tots (age 3-5) . . . . . 1:00-1:30 pm  
 Hot Shots (age 6-8) . . . . . 1:30-2:30 pm  
 Hitters (age 9-11) . . . . . 2:30-3:30 pm

**SATURDAYS**    **Cardio** . . . . . **9:00-10:00 am**  
**Beginners** . . . . . **10:00-11:00 am**

**SUNDAYS**    **Cardio** . . . . . **10:00-11:00 am**

*Bolded times are adult lessons.*



# PICKLE PROGRAM

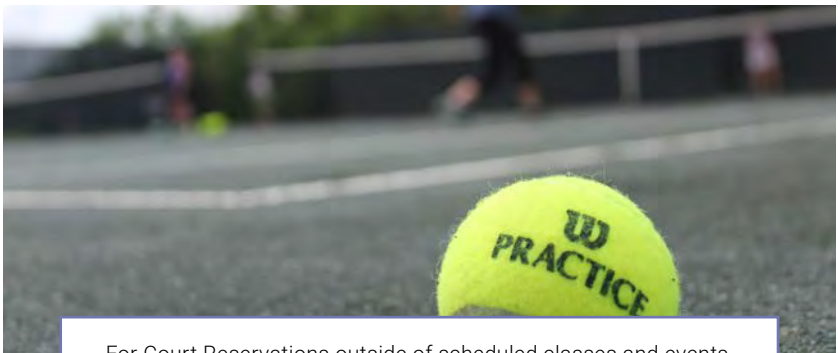
## SUMMER SESSION

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Sessions run for 5 weeks  
with one make up week  
1st Session begins the week of **May 15**  
2nd Session begins the week of **June 19**  
Make up week for either session starts 7/24

<b>MONDAYS</b>	<b>Mixed Pickleball Clinic</b> . . . . .	<b>4:30-6:00 pm</b>
<b>TUESDAYS</b>	Jr. Intro to Pickleball (age 7-11 1st Session) . . .	3:30-4:30 pm
	Jr. Intro to Pickleball (age 7-11 2nd Session) . . .	2:00-3:00 pm
<b>THURSDAYS</b>	Jr. Intro to Pickleball (age 12+ 1st Session) . . .	3:30-4:30 pm
	Jr. Intro to Pickleball (age 12+ 2nd Session) . . .	2:00-3:00 pm
	<b>Ladies Pickleball Clinic</b> . . . . .	<b>4:30-6:00 pm</b>
	<b>Men's Pickleball Clinic</b> . . . . .	<b>6:00-7:30 pm</b>
<b>SATURDAYS</b>	<b>Mixed Pickleball Open Play</b> . . . . .	<b>12:30-2:00 pm</b>

*Bolded times are adult lessons.*



For Court Reservations outside of scheduled classes and events, please go to [www.invernessgolfclub.org/courts/courtscheduler](http://www.invernessgolfclub.org/courts/courtscheduler) or e-mail our Director of Racquet Sports at [cmarsland@igc-il.org](mailto:cmarsland@igc-il.org)

# TENNIS ADULT LESSONS

## 8 WEEK SESSION AND 1 MAKE-UP WEEK

8 WEEK SESSION AND ONE MAKE UP WEEK  
BEGINNING THE WEEK OF MAY 29TH  
ENDING THE WEEK OF JULY 17TH  
MAKE UP WEEK STARTING JULY 24TH

The adult program has been designed to accommodate men and women of every ability level. There is a mix of drills starting for beginners looking to learn how to play the game, to more advanced players looking for more competition. We are pleased to keep some of your favorite drills while introducing some new exciting programming.

### — MEN —

#### MEN'S DRILL AND PLAY

Mondays • 6:30-8:00 pm

**Cost: \$240 for the 8 week session**

Our Men's Drill will meet twice a week on Monday and Wednesday evenings. Players will be grouped by ability and will play through a mix of drills, singles, and doubles competition. There will be competitive point play and match play. In this hour and a half drill all players are sure to hit a lot of balls and get a good workout!

#### MEN'S MATCH PLAY

Wednesdays • 6:30-8:00 pm

**Cost: \$240 for the 8 week session**

Looking for extra competition? This evening will start with a warmup then the guys will play matches for the remainder of the time. Based on how many people sign up we will set the matches based on ability then send everyone out for matches with game-time instruction from the instructors. Both singles and doubles, this evening will be a fun and competitive night for our men's players.

## — WOMEN —

### TUESDAY LADIES TENNIS

Tuesdays • 5:30-7:00 PM

**Cost: \$240 for the 8 week session**

Join us on Tuesday evenings for a fun night of casual match play. We will create courts based on ability and rotate partners/opponents during the allotted time.

### FOX VALLEY LEAGUE LADIES DRILL AND PLAY

**TEAM PRACTICE:** Wednesdays • 9:30-11:00 am

**Cost: \$240 for the 8 week session**

**TEAM MATCHES:** Thursdays • 10:00-12:00 pm

This team drill is designed to get our players ready for their Thursday matches. A weekly theme will be introduced to work on a specific match strategy. There will be time saved at the end of the drill for play and game-time instruction.

### CARDIO TENNIS

Wednesdays • 8:30-9:30 am

Saturdays • 9:00-10:00 am

Sundays • 10:00-11:00 am

**Cost: \$20 per class -Sign up Required-**

Start your day out with a great workout in Cardio Tennis. Get your heart rate in your cardio zone by doing footwork drills and hitting balls.

### LADIES IN HOUSE

Fridays • 9:00-10:30 am

**Cost: \$240 for the 8 week session**

Interested in playing tennis but not able to commit to a team? This is the drill for you! This is a great introduction for players who have not played much competitive tennis before; but also a good substitute for players that have played before and are looking for more competition.

### BEGINNER LESSONS

Saturdays • 10:00-11:00 am

**Cost: \$160 for the 8 week session**

Learn the fundamental tactics and techniques for singles and doubles play. Take a chance and learn this great sport!



# PICKLEBALL LESSONS

## 5 WEEK SESSIONS WITH 1 MAKE-UP WEEK

1ST SESSION BEGINS THE WEEK OF MAY 15  
2ND SESSION BEGINS THE WEEK OF JUNE 19  
MAKE UP WEEK FOR EITHER SESSION STARTS  
JULY 24TH

We will offer clinics for both adults and juniors again this year. Be on the lookout for pop-up open play times as well. Pickleball is a very social sport, so we will offer mixed clinics and events throughout the season.

### PICKLEBALL CLINICS

MIXED - Mondays • 4:30-6:00 pm

LADIES - Thursdays • 4:30-6:00 pm

MEN - Thursdays • 6:00-7:30 pm

**Cost: \$150 for a 5 week session**

These clinics are designed to both teach the basics of pickleball and introduce new techniques and strategies. We will start with drills to work on technique and fundamentals, then spend the majority of the clinic playing points. Players will be grouped by ability and will be rotated to play with different partners and opponents. Whether you are brand new to the sport or play regularly, this will be a fun time on the pickleball courts!



## PICKLEBALL OPEN PLAY

Saturdays • 12:30-2:00 pm

**Cost: \$150 for a 5 week session**

This group is designed to get pickleball players an extra day of matches. We will start with a quick warmup then jump right into match play for the entirety of the time. Matches will be set up based on ability and rotations will be made. This is open to players of all abilities and is a great way to get some extra practice in a social setting.

## JUNIOR PICKLEBALL

AGE 7-11 - Tuesdays • 3:30-4:30 pm (1st Session)

Tuesdays • 2:00-3:00 pm (2nd Session)

AGE 12 & up - Thursdays • 3:30-4:30 pm (1st Session)

Thursdays • 2:00-3:00 pm (2nd Session)

**Cost: \$100 for a 5 week session**

Is your junior player interested in learning pickleball or want to improve their skills learned last year? This group will introduce and build on all of the basics of the sport from scoring to strategy. Basic skills will be taught then the junior players will compete and play points against one another.

# 2023 ADULT EVENTS

- ▶ Tennis Information
- ▶ Pickleball Information
- ▶ General Racquets Information

## PICKLEBALL SEASON BEGINS

Pickleball courts open May 1.

**Be on the lookout for women's and men's member/guest events TBA.**

### LADIES TENNIS OPENER

Friday, May 19th • 10:00 am-12:00 pm

We will kick off the 2023 tennis season with a fun round robin event! We will make pairings and mix around so you play with different partners and opponents. There will be snacks and refreshments courtside.

### DINKS & DRINKS

Saturday, June 3rd • 3:00-5:00 pm

Saturday, July 22nd • 4:00-6:00 pm

Saturday, August 19th • 3:00-5:00 pm

An important shot in pickleball is the **dink**: a soft shot you hit just barely over the net and into your opponent's non-volley zone (the kitchen). Sign up for this event as a couple or by yourself and you will rotate around playing matches against other teams. Refreshments will be provided.

### ADULT TENNIS MIXER

Saturday, June 17th • 3:00-5:00 pm

Sign up as a couple and enjoy a fun, social evening of tennis. Refreshments will be provided.

### LADIES MEMBER/GUEST DAY

Friday, June 23rd • 10:00 am-12:00 pm

This popular event is back! You will sign up with a guest and play with them against other teams. Snacks and refreshments will be served.

### MIMOSA MIXER

Sunday, July 16th • 10:00 am-12:00 pm

Sign up as a couple or by yourself. This fun morning event will be a round robin where you are paired up to play doubles and rotate. Refreshments will be provided.

*Dates and Times subject to change.*

*Cost of events will be communicated prior to event.*





## JUNIOR HOLIDAY EVENTS

**Memorial Day:** Monday, May 29th

**4th of July:** Tuesday, July 4th

**Labor Day:** Monday, September 4th

**Time:** 10:00 am-12:00 pm

Come spend the holidays with the tennis staff! We will start the events with tennis games that will be sure to delight children of all ages. The mornings will finish with prizes and a treat unique to each event. No tennis experience is required.

## 2023 KID'S EVENTS

## JUNIOR TENNIS AND PIZZA

Friday, July 28th | Friday, August 25th

**Time:** 5:00-7:00 pm

Join the tennis staff for a fun filled evening of tennis, games, prizes and pizza. The evening will start with an hour and a half of tennis and will finish with pizza and prizes.

## JUNIOR TENNIS AND A MOVIE

Friday, June 9th | Friday, July 7th

**Time:** 6:30 pm-10:00 pm

This is a favorite of all our juniors. We will play an hour of fun tennis drills and watch a movie on the pool deck. Drinks and popcorn will be provided! Bring blankets, your favorite candy, pillows, bug spray, and any other "movie watching" items.

*Dates and Times subject to change.*

*Cost of events will be communicated prior to event.*

